

MAUI COMMUNITY COLLEGE
COURSE OUTLINE

- 1 ALPHA AND NUMBER: PSY 251
COURSE TITLE: Human Sexuality
NUMBER OF CREDITS: Three (3)
DATE OF OUTLINE: February 2004
2. COURSE DESCRIPTION: Examines topic areas in the field of human sexuality including anatomy/physiology, sexual response, and sexual themes in society. Emphasizes understanding of one's own sexuality through decision-making and communication skills.
3. CONTACT HOURS PER WEEK: Lecture – 3 hours
4. PREREQUISITES: PSY 100. or consent
COREQUISITES: None
RECOMMENDED PREPARATION: None

APPROVED BY _____ DATE _____

**Received March 2004
Under Amnesty Program
SLOs Updated & Linked To Content
COWIQ Grid Prepared**

5. GENERAL COURSE OBJECTIVES

To develop a working understanding of terms, processes, and research in the area of human sexuality. Examines problems in sexuality by exploring psychological and physical sources. Applies current information to each student's sexual base and provides solutions to problems in sexuality.

This class focuses on the following five general education standards:

- 1.9 Develop a personal voice in written communication.
- 5.1 Identify and state problems, issues, arguments, and questions contained in a body of information.
- 5.2 Identify and analyze assumptions and underlying points of view relating to an issue or problem.
- 5.5 Evaluate a problem, distinguishing between relevant and irrelevant facts, opinions, assumptions, issues, values, and biases
- 5.9 Reflect upon and evaluate their thought processes, value system, and world views in comparison to those of others.

6. STUDENT LEARNING OUTCOMES:

Upon completion of this course, the student should be able to:

- a. Explain the history of sexuality leading up to the major perspectives in contemporary psychology
- b. List three major issues in sex research and how these issues impact on sexuality in the American culture today.
- c. Identify major trends in sexuality facing individuals from all cultures today.
- d. Explain the various definitions of sexual assault and how to cope with sexual assault.
- e. Identify pertinent parts to the female anatomy and explain the "process" that these parts play in sexuality. Apply this to their personal life.
- f. Identify the pertinent parts of the male anatomy and explain the "process" that these parts play in sexuality. Apply this to their personal life.
- g. Explain the steps of a breast exam, pelvic exam, testicular exam, and prostate exam. Apply this to their personal life.
- h. Explain the process of conception, menstruation, and sexual response. Demonstrate this in their personal life.
- i. Describe the strengths and weaknesses of at least four sexual techniques.
- j. Distinguish liking from loving. Explain two-way communication. Apply to various situations including listening techniques.
- k. Compare and contrast sexual orientations and sexual variations.
- l. Describe how contraception works and the types of contraception on the market today. Relate the controversy surrounding contraception.
- m. Describe at least two sexual disorders for men and two sexual disorders for women based on the latest from the DSM IV, their causes, and typical therapies used in dealing with them.
- n. Describe at least five sexually transmitted diseases, its symptoms, treatments, and ways for prevention.
- o. Describe and assess current ethical issues surrounding sexuality in the United States and other countries.
- p. Construct a history of prostitution and evaluate its impact on American culture.
- q. Examine one's sexuality. Clarify confusing areas.
- r. Define psychological terms and concepts and apply these to everyday situations.
- s. Write an APA-style paper on sexuality.

7. RECOMMENDED COURSE CONTENT

1 Week	Introduction/ Course Outline History of Sexuality Sex Research (a, b, q, r, s)
1 Week	Ethics & Prostitution (o, p, q, r, s)
1 Week	Current trends in Society toward Sexuality (c, q, r, s)
1 Week	Sexual Coercion (d, q, r, s)
2 Weeks	Anatomy (e, f, g, q, r, s)
1 Week	Conception & Sexual Response (h, q, r, s)
1 Week	Sexual Techniques (i, q, r, s)
2 Weeks	Attraction/Love Relationships & Communication (j, q, r, s)
1 Week	Sexual Orientations / Sexual Variations (k, q, r, s)
1 Week	Contraception (l, q, r, s)
1 Week	Sexual Disorders (m, q, r, s)
1 Week	Sexually Transmitted Diseases (n, q, r, s)
2 Weeks	Evaluation (quizzes, papers, presentations, homework)

8. RECOMMENDED COURSE REQUIREMENTS

Specific course requirements are at the discretion of the instructor at the time the course is being offered. Suggested requirements might include, but are not limited to:

- Written or oral examinations
- In-class and out-of-class exercises
- Homework assignments
- Quizzes
- Projects or research (written reports and/or class presentations)
- Attendance and/or class participation
- Development of a Portfolio

9. **TEXT AND MATERIALS:**
An appropriate text(s) and materials will be chosen at the time the course is to be offered from those currently available in the field. Examples include:

Texts : Understanding Human Sexuality by Hyde, J.S. & DeLamater, J.

Materials: Packet

Other:

- Study Packet to Accompany Text
- Appropriate films, videos, or internet sites
- Television programs
- Guest speakers
- Other instructional aids

10. **EVALUATION AND GRADING**

Examinations:	20-50%
In-class exercises	0-20%
Homework:	0-20%
Quizzes:	0-20%
Projects/research:	20-50%
Attendance	0-20%
Class participation:	10-20%
Portfolio	0-30%
Oral Presentation:	0-20%
Service Learning	0-20%

11. **METHODS OF INSTRUCTION**

Instructional methods vary considerably with instructor's teaching style and students learning style. Thus, specific instructional methods will be at the discretion of the instructor teaching the course. Suggested techniques might include, but are not limited to:

- Lecture, problem solving and class exercises or readings
- Class discussions or guest lecturers
- Audio, visual presentations
- Internet usage
- Student class presentations
- Group or individual projects
- Other contemporary learning techniques (e.g. service learning)

Assessment of Student Learning Outcomes

PSYCHOLOGY

	PSY 100	PSY 103	PSY 170	PSY 202	PSY 213	PSY 214	PSY 240	PSY 260	PSY 261	PSY 263	PSY 260	PSY 290V
Standard 1 - Written Communication												
Outcome 1.1 - Use writing to discover and articulate ideas.	1	1	1	2	1	1	2	2	2	2	2	3
Outcome 1.2 - Identify and analyze the audience and purpose for any intended communication.	0	1	0	1	0	2	1	0	0	0	0	0
Outcome 1.3 - Choose language, style, and organization appropriate to particular purposes and audiences.	0	3	0	2	2	3	1	0	0	0	0	0
Outcome 1.4 - Gather information and document sources appropriately.	2	3	1	2	3	3	2	2	2	2	2	3
Outcome 1.5 - Express a main idea as a thesis, hypothesis, or other appropriate statement.	1	3	1	2	3	3	2	1	1	1	1	1
Outcome 1.6 - Develop a main idea clearly and concisely with appropriate content.	1	2	0	2	2	2	2	2	2	2	2	2
Outcome 1.7 - Demonstrate a mastery of the conventions of writing, including grammar, spelling, and mechanics.	1	2	0	2	2	3	2	1	1	1	1	2
Outcome 1.8 - Demonstrate proficiency in revision and editing.	0	2	0	2	1	2	2	0	0	0	0	0
Outcome 1.9 - Develop a personal voice in written communication.	0	0	3	3	0	0	2	3	3	2	2	3

PSYCHOLOGY

	PSY 100	PSY 103	PSY 170	PSY 202	PSY 213	PSY 214	PSY 240	PSY 260	PSY 261	PSY 263	PSY 260	PSY 290V
Standard 2 - Quantitative Reasoning												
Outcome 2.1 - Apply numeric, graphic, and symbolic skills and other forms of quantitative reasoning accurately and appropriately.	0	2	0	0	3	3	0	0	0	0	0	0
Outcome 2.2 - Demonstrate mastery of mathematical concepts, skills, and applications, using technology when appropriate.	0	1	0	0	3	3	0	0	0	0	0	0
Outcome 2.3 - Communicate clearly and concisely the methods and results of quantitative problem solving.	1	3	0	1	3	3	1	0	0	0	0	0
Outcome 2.4 - Formulate and test hypotheses using numerical experimentation.	0	1	0	0	3	3	0	0	0	0	0	0
Outcome 2.5 - Define quantitative issues and problems, gather relevant information, analyze that information, and present results.	0	3	0	0	3	3	0	0	0	0	0	0
Outcome 2.6 - Assess the validity of statistical conclusions.	1	1	0	1	3	3	1	0	0	0	0	0

PSYCHOLOGY

	PSY 100	PSY 103	PSY 170	PSY 202	PSY 213	PSY 214	PSY 240	PSY 250	PSY 251	PSY 253	PSY 260	PSY 280V
Standard 3 - Information Retrieval and Technology												
Outcome 3.1 - Use print and electronic information technology ethically and responsibly.	1	2	1	1	3	2	1	1	1	1	1	1
Outcome 3.2 - Demonstrate knowledge of basic vocabulary, concepts, and operations of information retrieval and technology.	1	2	1	1	3	2	1	1	1	1	1	1
Outcome 3.3 - Recognize, identify, and define an information need.	2	2	2	1	2	2	1	2	2	1	2	2
Outcome 3.4 - Access and retrieve information through print and electronic media, evaluating the accuracy and authenticity of that information.	2	3	1	2	3	1	2	2	2	2	2	2
Outcome 3.6 - Create, manage, organize, and communicate information through electronic media.	0	1	1	0	2	2	0	1	1	0	1	1
Outcome 3.6 - Recognize changing technologies and make informed choices about their appropriateness and use.	1	1	2	1	2	2	1	2	2	1	2	2

PSYCHOLOGY

	PSY 100	PSY 103	PSY 170	PSY 202	PSY 213	PSY 214	PSY 240	PSY 250	PSY 251	PSY 263	PSY 280	PSY 290V
Standard 4 - Oral Communication												
Outcome 4.1 - Identify and analyze the audience and purpose of any intended communication.	1	2	1	2	2	2	1	1	1	2	1	
Outcome 4.2 - Gather, evaluate, select, and organize information for the communication.	2	2	1	2	2	2	1	2	2	2	2	
Outcome 4.3 - Use language, techniques, and strategies appropriate to the audience and occasion.	2	1	1	2	1	1	1	1	1	3	1	
Outcome 4.4 - Speak clearly and confidently, using the voice, volume, tone, and articulation appropriate to the audience and occasion.	2	2	1	2	2	2	1	2	2	3	2	
Outcome 4.5 - Summarize, analyze, and evaluate oral communications and ask coherent questions as needed.	1	2	1	2	2	2	1	2	2	3	2	
Outcome 4.6 - Use competent oral expression to initiate and sustain discussions.	1	1	1	2	2	2	1	2	2	3	2	

PSYCHOLOGY

	PSY 100	PSY 103	PSY 170	PSY 202	PSY 213	PSY 214	PSY 240	PSY 260	PSY 261	PSY 253	PSY 260	PSY 280V
Standard 5 - Critical Thinking												
Outcome 5.1 - Identify and state problems, issues, arguments, and questions contained in a body of information.	1	3	2	2	2	3	2	3	3	2	2	
Outcome 5.2 - Identify and analyze assumptions and underlying points of view relating to an issue or problem.	2	2	3	3	2	2	2	3	3	2	3	
Outcome 5.3 - Formulate research questions that require descriptive and explanatory analyses.	0	3	0	1	3	3	0	0	0	0	0	
Outcome 5.4 - Recognize and understand multiple modes of inquiry, including investigative methods based on observation and analysis.	2	3	2	2	3	3	2	2	2	2	2	
Outcome 5.5 - Evaluate a problem, distinguishing between relevant and irrelevant facts, opinions, assumptions, issues, values, and biases through the use of appropriate evidence.	2	3	3	2	3	3	2	3	3	2	2	
Outcome 5.6 - Apply problem-solving techniques and skills, including the rules of logic and logical sequence.	1	2	3	0	2	2	1	2	2	1	2	
Outcome 5.7 - Synthesize information from various sources, drawing appropriate conclusions.	2	2	2	3	2	2	2	2	2	2	2	
Outcome 5.8 - Communicate clearly and concisely the methods and results of logical reasoning.	1	2	2	0	3	2	1	2	2	1	2	
Outcome 5.9 - Reflect upon and evaluate their thought processes, value system, and world views in comparison to those of others.	2	1	3	3	1	1	2	3	3	3	3	